

Professional relationship between Nurses and other health workers. is the topic we are

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Professional relationship between Nurses and other health workers. is the topic we are considering this topic. Relationship is a way of being connected so in other words, the topic can be reframed as professional way of connecting between nurses and other health professionals

Without Professionalism we won't have any relationship...

Professionalism is used to describe the acceptable behaviour that we (Nurses)exhibit in the workplace. It also has to do with the way a person conducts himself/herself in a workplace. An individual who shows consideration and respect for others demonstrates a commitment to Professionalism.

Professional relationship between

*nurses and lab scientists

*nurses and pharmacist

*Nurses and doctors and so on

Everyone in the health team is there or should be there because of a person..... *The patient or client.

It's rather a pity that there are a lot of frictions in the health team which has in most cases degenerated in to a *long term hostility*

Most times the hostility arise from things like ego, salary, entitlements and all. And instead of attending to the issues, meeting the appropriate authorities we most times fight ourselves. There are hospitals where hostility led to physical fight.

I will like to share part of my experience here... *If you have as well you can send in, in the next 5mins.

While in the NYSC camp in Bauchi state, we were at the clinic with different health professionals. The dentists,nurses pharmacist, doctors, lab scientists, health records people and all

The clinic has a basin which was always used to wash our hands, the basin was filled with dirty water and we were all looking at who would discard and rinse the basin...

After a while it became obvious that no one wanted to because of professional ego and people start going outside to wash hand

A particular guy who is a doctor amongst us, he seems to be older than most of us summoned courage carried the basin out, poured the water and took it to the tap to wash and returned it back

It was then we came to a resolution to discuss with the management of the clinic on how amend some things in the clinic using the cleaners in the morning. Which it was settled immediately.

Hostility can be horizontal or vertical.

Hostility exist amongst nurses as a group and also exists between nurses and other professionals. And I must state that if there is no enemy within, the enemy without can do us no harm. Other causes of professional hostility may include

a.)*General harassment;Whether sexual or some other form.

b.)Favoritism of one professional over another.

c.)Rejection (whether arbitrary or for good reason) of a proposal or project in which an employee has a significant emotional investment.

d.)Insensitivity by government , managers or leaders.

*e.)Criticisms of employees in front of staff or clients.

Depersonalized workplace environment.

*f.)Unfair (or tardy) performance appraisals or criticism.

g.Lack of resources* for the employee to meet his/her objectives.

h.)Inadequate training.

l.)Lack of teamwork.

j.)Withdrawal of earned benefits.

k.)Unreasonable demands on employees.*

l.)Downsizing.

M).Poor communication.*

Feedback is wholly or primarily negative in tone.

N). Absentee leadership* (such as instances wherein needed disciplinary action is absent).

O.) Micromanagerial environment* in which staff decisionmaking opportunities are limited.

THINGS TO CONSIDER FOR A SMOOTH PROFESSIONAL RELATIONSHIP*

Decorum

This refers to behaving in a way deemed as proper for an environment. Being formal in the right proportion. It may be out of decorum to joke excessively when serious matter is being deliberated.

Comportment

This is similar to decorum. It refers to carriage and presentation. We may speak our local language when such is necessary for effective communication with the patient, otherwise I will recommend we stick to the official English language.

I have seen many instances where a Doctor who is a Yoruba person while attending to a patient of the same decent will still be like "matron come and help me speak to them my yoruba is not that strong

" ...I would have preferred the nurse to politely reply "my own too is not really strong"

Things to consider for a smooth professional relationship*

Respect: This fundamentally refers to attitude of high regard. And it works better from inward outward. Respecting one's self comes first,then respecting other colleagues and then respecting other professionals. Respect naturally stems from attaching value to people

Value: I sincerely believe everyone in the health team ranging from a nurse to a pharmacist to a doctor,laboratory scientist are of high value considering the year put into training and practise.

Therefore it will be easy for us to relate well if we all see ourselves without bias, as people of value

Professional boundary: in all as nurses we must take cognisance of and maintain the professional boundary as regards our relationship with other professionals and even the patients. This will include in conduct, speech and other relationship. There are instances where people do contribution, form society at work and do not coordinate it well enough such that the whole thing degenerate in to rancour.

Some pick others pen or other belongings without their consent and all that may lead to disrespect.

Unison: a wise man once said *it's amazing what we can achieve if no one cares who takes the glory* In all we have to understand and harness the power of cooperation. As nurses we owe the profession the responsibility of lifting other nurses up and watching their back at all times. Also we have to know we are not fighting anyone in there sector. *The difference between hatred and defence exists.

In conclusion we have to all know that we are lifted by lifting others. Thank you.